

Analysis of pulmonary mechanics in an experimental model of sepsis*

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ABSTRACT

Objective: To determine whether pulmonary mechanics are altered in mice with sepsis. **Methods:** A total of 40 Balb/c mice were divided into two groups: survival (n = 21) and pulmonary mechanics (n = 19). The survival group was divided into three subgroups: control (n = 7), sublethal (n = 7) and lethal (n = 7). The pulmonary mechanics group was also divided into three subgroups: control (n = 5), sublethal (n = 7) and lethal (n = 7). Sepsis was induced through cecal ligation and puncture, the latter varying in degree (sublethal or lethal). At eight hours after the intervention, pulmonary mechanics were measured through end-inflation occlusion. In the pulmonary mechanics group, the following variables were studied: total pressure, resistance, viscoelasticity, dynamic compliance and static compliance. The data obtained were analyzed using one-way ANOVA. **Results:** The data for the survival group indicate the efficacy of the model employed. There were no statistically significant differences among the pulmonary mechanics subgroups in terms of dynamic compliance, static compliance, total pressure, resistance or viscoelasticity. **Conclusion:** At eight hours after cecal ligation and puncture, there were no changes in the lung parenchyma, nor were any alterations observed in the viscous and viscoelastic components of the lung.

Keywords: Sepsis; Respiratory mechanics; Lung/injuries; Punctures/instrumentation; Respiratory distress syndrome, adult; Mice

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INTRODUCTION

Sepsis-related pulmonary dysfunction is known to occur in humans as well as in animal models.⁽¹⁻³⁾ Sepsis is one of the leading causes of death in critically ill patients in the USA, where 750,000 individuals per year develop this syndrome, which leads to death in more than 210,000 of those individuals.⁽⁴⁻⁵⁾ Sepsis from bacterial infection or endotoxemia is a primary cause of acute respiratory distress syndrome, since it induces intensive endogenous mediator activity, followed by leukocyte activation, intravascular inflammation, and cardiopulmonary failure.⁽³⁾

Two types of acute lung injury have been described: that of pulmonary origin and that of extrapulmonary origin.⁽⁶⁾ In the present study, we will concentrate on acute respiratory distress syndrome of extrapulmonary origin, which initiates in an extrapulmonary focus, from where the inflammatory mediators depart in order to act upon the systemic circulation. In the lung, vascular endothelial cells are the first to suffer damage, resulting in increased vascular permeability, microcirculation congestion, interstitial edema, and a relative reduction in the size of the intra-alveolar spaces.⁽⁶⁻⁷⁾

Multiple organ failure is a common consequence in patients with the severe acute form of sepsis syndrome, and has been well described in the literature on the subject.⁽⁸⁻⁹⁾ However, although much has been said about lung injury in sepsis, and a reasonable number of studies have been conducted, studies investigating the development of pulmonary edema present conflicting results on the development of pulmonary edema.^(2-3,8-13) In addition, there have been few studies of the respiratory mechanics involved.⁽¹⁴⁾

The impact that alterations in respiratory mechanics caused by acute or chronic inflammation have on respiratory function has been well described in the literature.⁽¹⁵⁻¹⁷⁾ It is known that pulmonary edema, although having various etiologies, can result from increased pulmonary vascular permeability, and that such edema causes changes in lung compliance, as well as in lung elasticity.⁽¹⁵⁻¹⁶⁾ However, it remains unclear whether there are changes in respiratory mechanics when the model of choice is cecal ligation and puncture (CLP) in mice.

METHODS

The present study was an experimental study, and the study design was approved by the Ethics in Animal Research Committee of the University of Brasília.

A total of 40 male Balb/c wild-type mice, weighing 27 ± 2 g, were obtained from the animal facilities of the University of Brasilia Veterinary Hospital. The animals were allocated to one of two groups: the survival group ($n = 21$) or the respiratory mechanics group ($n = 19$). The animals in the survival group were divided into three subgroups: sublethal CLP (SL-CLP, $n = 7$), lethal CLP (L-CLP, $n = 7$), and control (CTRL, $n = 7$). The animals in the respiratory mechanics group were also divided into three subgroups: SL-CLP ($n = 7$), L-CLP ($n = 7$), and CTRL ($n = 5$).

Sepsis was induced through CLP. The animals in both groups were anesthetized with a solution of ketamine (150 mg.kg⁻¹, i.p.) and xylazine (7.5 mg.kg⁻¹, i.p.). After the animals had been subjected to trichotomy of the abdominal region, they were placed on the surgical table for small animals. Asepsis of the abdominal region was performed using an iodine/alcohol solution. Subsequently, a 1-cm incision was made in the abdominal region, the cecum was exposed and then tied, near the ileocecal valve, with sterile silk suture, resulting in semi-occlusion of the intestinal flow. At that point, the cecum of each animal in the two SL-CLP subgroups was thrice perforated with a sterile needle (13 × 4.5), whereas those of the animals of the L-CLP subgroups were each perforated twelve times with a sterile needle (0.8 × 25), and those of the animals in the CTRL subgroups were not perforated. In the present study, we chose to include the SL-CLP and the L-CLP subgroups, since, despite the fact that the authors of studies employing this model of sepsis have made no such distinction,^(10-11,22-23) the inflammatory stimulus in the SL-CLP subgroup allows the organic reaction and guarantees survival, in contrast to the inflammatory stimulus in the L-CLP subgroup, which, due to its magnitude, allows no organic reaction and makes survival impossible in this subgroup. After the above-mentioned procedures had been carried out, in the SL-CLP as well as in the L-CLP subgroups, the cecum of each mouse was gently squeezed in order to expel the

fecal content. The cecum of each mouse was placed back into the peritoneal cavity, which was sutured using 4-0 silk and cleansed using 10% hydrogen peroxide. The animals were hydrated with a 1-mL subcutaneous dorsal injection of saline solution and were placed in a properly heated box for recovery.

The animals in the survival group were divided into three subgroups: SL-CLP, L-CLP, and CTRL. After the animals in these three subgroups had been submitted to the above-mentioned procedure, they were housed in the animal facilities, with free access to food and water, for 144 h. The animals were observed every 12 h in order to determine the number of animals that remained alive.

The animals in the respiratory mechanics group were divided into three subgroups: SL-CLP, L-CLP and CTRL. At 8 h after CLP, each animal was anesthetized and properly placed on the surgical table, where a small longitudinal incision was made in the anterior region of the neck. The adjacent tissues were spread until the trachea was exposed. At that point, a longitudinal incision was made between the two fibrous rings in order to introduce a tracheostomy tube (for small animals). Subsequently, the animal was taken to the registration point, where the tracheostomy tube was connected to a pneumotachograph.⁽¹⁹⁾ Each animal then received a dose (3 μ l per cavity, i.p.) of neuromuscular blocking agent (Pancuronium) and was mechanically ventilated with a respiratory frequency of 100 breaths per minute, a flow of 1.1 mL.s⁻¹, a volume of 0.3 mL, and a positive end-expiratory pressure (PEEP) of 2 cmH₂O. Once the pneumotachograph had been connected, the animal was on mechanical ventilation, and the neuromuscular junctions had been inhibited, the anterior chest wall was surgically removed. From that point on, it was possible to use end-inflation occlusion to measure the variables studied.

The pneumotachograph used had three lateral outlets. Two of those outlets were connected to a differential pressure transducer, which registered the airflow provided to the animal. Due to the low flow and the reduced dimensions of the trachea, the existing flow was laminar and could therefore be measured using Poiseuille's Law. The remaining lateral outlet was connected to an absolute pressure transducer, which registered the tracheal pressure. The volume was obtained through the electronic integration of the flow signal.

The mechanical ventilator was fed by an air compressor. Using this ventilator made it possible to control the inspiratory and expiratory times in order to adjust the respiratory frequency, as well as the end-inspiratory pause in order to carry out end-inflation occlusion. The volume was adjusted by altering the ratio between respiratory frequency and flow, the latter being controlled with a flowmeter.

The signals were obtained by the transducers that were connected to a signal conditioner and an analog-digital converter, being transferred, through the latter, to a computer. In the computer, the signals were registered using the WinDaq/Lite Data Acquisition software program, version 3.03.

Respiratory mechanics were measured through end-inflation occlusion.⁽²⁰⁻²¹⁾ This method was chosen due to the possibility of separating the respiratory system pressure into its viscous (ΔP_1), viscoelastic (ΔP_2), and elastic (P_{el}) components. Each animal was mechanically ventilated, and, at the end of each inhalation, the flow was occluded. After the occlusion, tracheal pressure decreases sharply until reaching a point of inflection, then decreasing gradually until reaching a plateau, which is equivalent to the lung elastic recoil pressure. Using these reference points for pressure, it was possible to calculate the variables studied in the present study.

We analyzed the following variables: total variation in pulmonary pressure, $\Delta P_{tot, L} = \Delta P_1, L + \Delta P_2, L$, considering $\Delta P_{tot, L}$ (cmH₂O) as the total variation in pulmonary pressure, $\Delta P_1, L$ (cmH₂O) as pulmonary resistance, and $\Delta P_2, L$ (cmH₂O) as lung viscoelasticity; pulmonary resistance, $\Delta P_1, L = P_{tot, L} - P_i, L$, considering $\Delta P_1, L$ (cmH₂O) as pulmonary resistance, $P_{tot, L}$ (cmH₂O) as total pulmonary pressure, and P_i, L (cmH₂O) as pressure at the inflection point on the pulmonary pressure curve; lung viscoelasticity, $\Delta P_2, L = P_i, L - P_{el, L}$, considering $\Delta P_2, L$ (cmH₂O) as lung viscoelasticity, P_i, L (cmH₂O) as pressure at the inflection point on the pulmonary pressure curve, and $P_{el, L}$ (cmH₂O) as lung elasticity; lung dynamic compliance, $C_{dyn, L} = (P_i, L - PEEP) / V$, considering $C_{dyn, L}$ (cmH₂O.mL⁻¹) as lung dynamic compliance, P_i, L (cmH₂O) as pressure at the inflection point of the pulmonary pressure curve, PEEP (cmH₂O) as PEEP, and V (mL) as lung volume; and lung static compliance, $C_{stat, L} = (P_{el, L} - PEEP) / V$, considering $C_{stat, L}$ (cmH₂O.mL⁻¹) as lung static compliance, $P_{el, L}$

L (cmH₂O) as lung elasticity, PEEP (cmH₂O) as PEEP, and V (mL) as lung volume.

All data are expressed as mean \pm standard deviation. Analysis of variance was used to analyze the data obtained, and values of $p < 0.05$ were considered significant.

RESULTS

Table 1 shows the data related to the variables 'flow', 'volume', and 'PEEP', as well as their distribution among the groups.

Figure 1 shows the survival curve for the three groups. After the intervention, all of the groups received the same treatment. Within the first 24 h after the intervention, the survival rate was 100% among the animals in the CTRL group, as well as among those in the SL-CLP group. However, all of the animals in the L-CLP group died during this period.

Regarding the total variation in pressure, we obtained 2.323 ± 0.108 cmH₂O in the CTRL group, compared with 2.584 ± 0.410 cmH₂O in the SL-CLP group and 2.446 ± 0.212 cmH₂O in the L-CLP group.

Figure 2 displays a comparison of the variation in total pressure in the three groups. Regarding the viscous component of the lung, we obtained a pressure variation of 1.501 ± 0.067 cmH₂O in the CTRL group, compared with 1.699 ± 0.340 cmH₂O in the SL-CLP group and 1.614 ± 0.234 cmH₂O in the L-CLP group. However, the pressure variation in the viscoelastic component was 0.822 ± 0.062 cmH₂O in the CTRL group, compared with 0.885 ± 0.087 cmH₂O in the SL-CLP group and 0.832 ± 0.063 cmH₂O in the L-CLP group.

Figure 3 compares pulmonary resistance (energy dissipation in the viscous component of

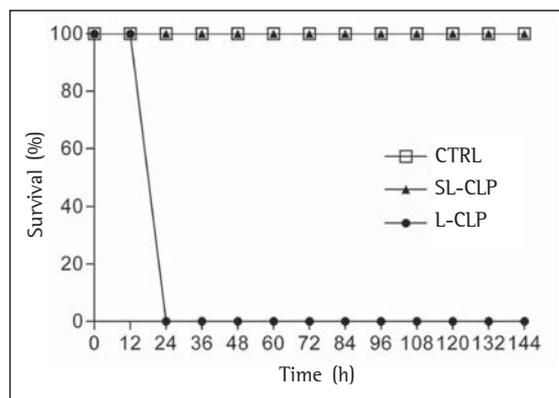


Figure 1 - Survival curve for the three groups: a survival rate of 100% in the CTRL group; a survival rate of 100% in the SL-CLP group; and a survival rate of 0% at 24 h after the intervention in the L-CLP group. CTRL: control; SL: sublethal; L: lethal; CLP: cecal ligation and puncture

the lung) and lung viscoelasticity (energy dissipation in the viscoelastic component of the lung) in the CTRL, SL-CLP, and L-CLP groups. There were no statistically significant differences in the above-mentioned comparisons.

Dynamic compliance was 40.267 ± 3.141 cmH₂O.mL⁻¹ in the CTRL group, compared with 47.681 ± 20.999 cmH₂O.mL⁻¹ in the SL-CLP group and 40.833 ± 3.309 cmH₂O.mL⁻¹ in the L-CLP group. Static compliance was 38.919 ± 2.082 cmH₂O.mL⁻¹ in the CTRL group, compared with 45.622 ± 19.493 cmH₂O.mL⁻¹ in the SL-CLP group and 39.352 ± 2.757 cmH₂O.mL⁻¹ in the L-CLP group.

The comparison between dynamic and static compliance in the CTRL, SL-CLP, and L-CLP groups revealed no statistically significant differences (Figure 4).

TABLE 1

Data regarding flow, volume and positive end-expiratory pressure for the control, sublethal and lethal groups

	Control	SL-CLP	L-CLP
Flow (ml.s ⁻¹)	1.112 ± 0.001	1.112 ± 0.001	1.112 ± 0.002
Volume (ml)	0.305 ± 0.013	0.306 ± 0.074	0.304 ± 0.050
PEEP (cmH ₂ O)	1.993 ± 0.081	2.014 ± 0.039	2.012 ± 0.061

Values expressed as mean \pm standard deviation.

SL: sublethal; L: lethal; CLP: cecal ligation and puncture; PEEP: positive end-expiratory pressure

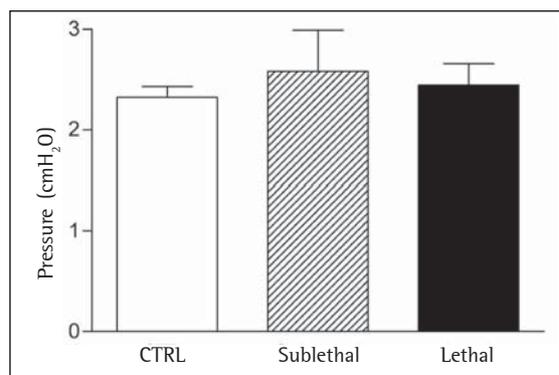


Figure 2 - Graph comparing total pressure in the three groups; $p > 0.05$

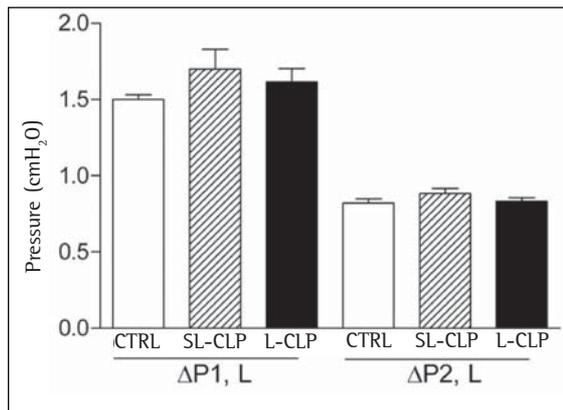


Figure 3 - Graph comparing pulmonary resistance (energy dissipation in the viscous component of the lung) and lung viscoelasticity (energy dissipation in the viscoelastic component of the lung) in the three groups; $p > 0.05$

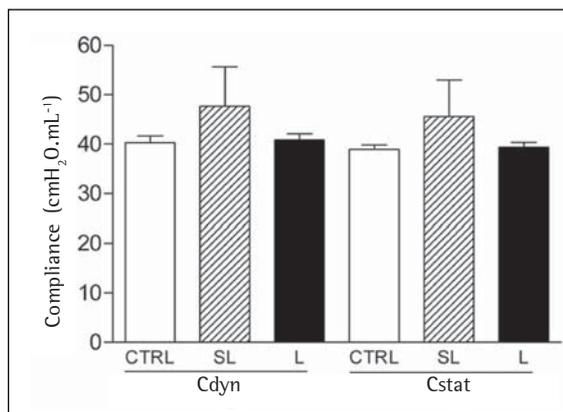


Figure 4 - Graph comparing dynamic and static compliance in the three groups; $p > 0.05$

DISCUSSION

We found no differences between the groups in any of the variables studied. In the literature, we found some studies that drew a correlation between the CLP-induced sepsis model and pulmonary edema.^(10-11,22-23) In that correlation, there is evidence in terms of the null hypothesis as well as of the alternative hypothesis. Therefore, our results regarding the null hypothesis are in agreement with those reported in some studies in the literature^(10,22-23) if we consider pulmonary edema to imply subsequent alteration in respiratory mechanics.⁽²⁴⁻²⁵⁾

The comparison of the $\Delta P_{tot, L}$ (corresponding to the total variation in pulmonary pressure) and the $\Delta P1, L$ (corresponding to the energy dissipation in the viscous component of the lung) revealed no differences among the three groups, which is in agreement with other published studies.^(10,22,23) This demonstrates that the airways are patent and that, if any change in pulmonary structure had been observed in the present study, this alteration would probably have occurred in the tissues. The $\Delta P2, L$ corresponds to the energy dissipation in the viscoelastic component of the lung, and this is related to two phenomena: pendelluft and stress relaxation.⁽²⁶⁾ The viscoelastic component is related to the pulmonary structure, which was probably unaffected in the present study and did not differ among the CTRL, SL-CLP, and L-CLP groups.

In one study⁽¹⁴⁾ data regarding respiratory mechanics in models of sepsis were presented. However, the method used to induce sepsis in that study (*Escherichia coli* endotoxin) was different from that used in our study. The authors of that study demonstrated that there is a decrease in pulmonary compliance at 12 h after the intervention but observed no changes in airway resistance. Those results are in disagreement with the findings of the present study, in which no differences were observed among the CTRL, SL-CLP, and L-CLP groups in terms of $C_{dyn, L}$ and $C_{stat, L}$ at 8 h after the induction of sepsis. In the present study, no alterations were observed in $C_{dyn, L}$ or $C_{stat, L}$. We attribute this fact to the rapidity with which the animals died, since, as has been widely described in the literature, sepsis leads to a pronounced, uncontrolled increase in the production of chemical mediators, which in turn leads to multiple organ failure.⁽¹³⁾

It is known that intervention can provide an inflammatory stimulus of such magnitude that the microbicidal activity of the inflammatory cells that migrated to the focus of the lesion is suppressed by the increased production of nitric oxide.⁽²⁷⁻²⁹⁾ This increased nitric oxide production is beneficial at first. However, after the activation of inducible nitric oxide synthase has increased it to the point of overproduction, it begins to inhibit the microbicidal activity of the inflammatory cells, especially that of neutrophils.⁽²⁷⁻²⁹⁾ Therefore, we are led to understand that there is not sufficient time for lesion of the pulmonary structure and the

consequent attempt at repair to occur, since the chemical change is so great that death precedes any possible structural lesion.

We conclude that there are no changes in the lung parenchyma, nor any alterations in the viscous or viscoelastic components of the lung, at 8 h after CLP-related induction of sepsis. We suggest that another model of sepsis induction be used in order to study sepsis-related pulmonary alterations.

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